

**FILL
THEIR
CUP**

OR THEY'LL FIND A
WAY TO DO IT ON
THEIR OWN!

**6 CORE
NEEDS**

SNIFFING

DISSECTING

DIGGING

CHEWING

CHASING

SOCIAL CONTACT

- Go for daily "sniffari's" aka decompression walks
- Feed from a snuffle mat
- Play find the treat/toy

- Provide your dog with DIY enrichment boxes full of treats/toys and let them SHRED
- Provide dog safe stuffed toys for them to dissect

- Prevent access to unwanted digging areas
- Provide a kiddie pool full of sand and hide treats in it

- Freeze wet dog food in a Kong
- Provide Bully sticks
- Try the Benebone

- Teach your dog fetch
- Use a flirt pole with dogs who don't love to retrieve

- Social contact with human family through training and play
- Social contact w/dogs is a core need for some but not all dogs